Hello, from Westbrook ISD. We miss our students, and hope you are all well. This important message about COVID-19 will help to keep you safe and healthy. The most important thing you can do right now is stay at home! If that's not possible, practice social distancing by staying 6 feet from others. Wash your hands with soap and water for 20 seconds and disinfect frequently touched surfaces such as doorknobs and countertops. Avoid touching your eyes, nose, or mouth, and cover a cough or sneeze with your elbow. If you have symptoms of COVID-19 – a fever, dry cough, or shortness of breath, call your doctor. Remember, by staying apart now, we can all be together again faster!